FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EAST POOL: BREAK WEEK

FINDLAY YMCA | DOWNTOWN BRANCH | NOV. 22-28, 2026

No lessons or classes this week. Frog Swim Team practices continue. POOL CLOSED means no lanes for member swim.

Sun 11/22	Mon 11/23	Tue 11/24	Wed 11/25	Thu 11/26	Fri 11/27	Sat 11/28
Open Swim 12:30-3:00PM	**Open Swim** 7:30AM-12:30PM	**Open Swim** 7:30AM-12:30PM	**Open Swim** 7:30AM-12:30PM	**CLOSED** Happy Thanksgiving!	**Open Swim** 7:30AM-12:30PM	**Open Swim** 8:30AM-12:00PM
	Frog Swim Team 4:30-6:00PM **POOL & WHIRLPOOL CLOSED**	**Frog Swim Team** 4:30-5:30PM **POOL & WHIRLPOOL CLOSED**	**Frog Swim Team** 4:30-5:30PM **POOL & WHIRLPOOL CLOSED**		**Frog Swim Team** 4:30-6:00PM **POOL & WHIRLPOOL CLOSED**	
	Open Swim 6:00-8:30PM	**Open Swim** 5:30-8:30PM	**Open Swim** 5:30-8:30PM			

POOL RULES

- Must be 18 or older to use the whirlpool
- Children under 7 must have an adult in the water with them at all times
- Children ages 8-10 must have an adult in the pool area and must pass the swim test
- No food or drinks on the pool deck
- Follow all lifeguard instructions

GOOD TO KNOW

- No swim lessons, water exercise classes, or Water Volleyball this week. Frog Swim Team practices continue.
- POOL CLOSED means no lanes are available for member swim during that time.
- Building closed Thanksgiving Day, Thursday, Nov. 26. Regular Fall II schedule resumes Sunday, Nov. 29.
- Schedule subject to change. Check the YMCA360 app or findlayymca.org for the latest schedule.
- Questions? Call the front desk at 419-422-4424.

YMCA360 App

Scan to download

Findlay YMCA
300 E. Lincoln St
419-422-4424
www.findlayymca.org

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	Open Swim 7:00-8:30PM	**Open Swim** 7:00-8:30PM	**Open Swim** 7:00-8:30PM		**Open Swim** 6:00-7:30PM	

LAP LANE GUIDELINES

- 1 or 2 swimmers may split a lane; a third swimmer changes the lane to circle swimming
- Choose a lane with swimmers who most nearly match your speed
- Let the first swimmer know before you enter an occupied lane
- Get kickboards, pull buoys, etc. before entering the pool

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