



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EAST POOL SCHEDULE

FINDLAY YMCA

East Pool Schedule Spring 2026

Schedule Begins
April 13, 2026

**Must be 18 years
of age to use the
Whirlpool**

**All children under
the age of 7 must
have an adult in
the water with
them at all times**

**Children ages 8-
10 must have an
adult in the pool
area and must
pass the swim
test.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-9:00 AM Open Swim	7:30-12:30pm Open Swim	8:30-10:00AM Swim Lessons (Pool and Whirlpool Closed)	12:30-3:00 Open Swim
9:00-10:00 Morning Dip (Pool Closed)	9:00-10:00 Aqua Zumba	9:00-10:00 Morning Dip (Pool Closed)	9:00-10:00 Morning Dip (Pool Closed)	9:00-10:00 Aqua Zumba		10:00-12:30pm Open Swim	
10:30-11:30 CDC Swim	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim		
10:00-12:30pm Open Swim	10:00-12:30pm Open Swim	10:00-12:30pm Open Swim	10:00-12:30pm Open Swim	10:00-12:30pm Open Swim			
4:00-6:00pm Frogs Swim Team	4:00-6:00pm Frogs Swim Team	4:00-6:00pm Frogs Swim Team	4:00-6:00pm Frogs Swim Team	4:00-6:00pm Frogs Swim Team			
6:00-7:15pm Aqua HIIT (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)			
7:15-8:30PM Open Swim	7:15-8:30PM Open Swim	7:15-8:30PM Open Swim	7:15-8:30PM Open Swim	7:15-8:30PM Open Swim			

Findlay YMCA

300 E. Lincoln St
422-4424

www.findlayymca.org



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WEST POOL SCHEDULE

FINDLAY YMCA

East Pool Schedule Spring 2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Schedule Begins April 13, 2026	5:15-10:00 Adult Lap Swim (all lanes)	5:15-1:00PM Adult Lap Swim	5:15-10:00 Adult Lap Swim (all lanes)	5:15-1:00PM Adult Lap Swim	5:15-10:00 Adult Lap Swim (all lanes)		
Must be 18 years of age to use the Whirlpool							
All children under the age of 7 must have an adult in the water with them at all times	10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)	8:30-12:00 Open Lap Swim	12:30-3:00 Open Lap Swim
Children ages 8-10 must have an adult in the pool area and must pass the swim test.							
	11:00-1:00 Adult Lap Swim		11:00-1:00 Adult Lap Swim		11:00-1:00 Adult Lap Swim		
	4-6pm Frogs Swim Practice	4-6pm Frogs Swim Practice	4-6pm Frogs Swim Practice	4-6pm Frogs Swim Practice	4-6pm Frogs Swim Practice		
	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim		
				7:15-8:15pm Lanes 1-3 Evening Dip			