



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

WEST GYM SCHEDULE

**FINDLAY FAMILY YMCA
Spring 1 Session (4/12-5/31)**

Hours of Operation
 Monday - Thursday 5 am-10 pm
 Friday 5 am- 9 pm
 Saturday 7 am- 6 pm
 Sunday 12 pm- 5 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	5:30-11:00am Open Gym	Open Gym All Day
11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	11-2:00pm Adult Noon Basketball	Sunday
2-Close Open Gym	2-Close Open Gym	2-Close Open Gym	2-Close Open Gym	2-Close Open Gym	Open Gym All Day

Gym Rules & Etiquette

- No food or drinks in the gym
- No foul language
- Leave outdoor footwear outside please!
- Children under the age of 10 should be supervised at all times
- Please return all equipment after use
- Early Closures: In some instances, the gym may close 15 minutes prior to an activity starting to allow time for the safe set up of equipment.

Thank you in advance for your cooperation.

Full Court games are only allowed when space is available.



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EAST GYM SCHEDULE

**FINDLAY FAMILY YMCA
Spring 1 Session (4/12-5/31)**

Hours of Operation

Monday - Thursday	5 am-10 pm
Friday	5 am- 9 pm
Saturday	7 am- 6 pm
Sunday	12 pm- 5 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-9am Open Gym	5:30-12:30pm Open Gym	5:30-9am Open Gym	5:30-11:30am Open Gym	5:30-10:30am Open Gym	Open Gym All Day
Seniors In Motion 9:30-10:30am	Toddler Bootcamp 9:30-11:00AM	Seniors In Motion 9:30-10:30am			
10:30-4pm Open Gym	Open Pickleball 12:30-3pm	Open Pickleball 10:30-3pm	Open Pickleball 11:30-3pm	Open Pickleball 10:30-3:00pm	Sunday
5:15-7:00pm Youth Sports Classes	5:15-7:00pm Youth Sports Classes	3pm-Close Open Gym	3pm-Close Open Gym	3pm-Close Open Gym	Open Gym All Day
7:15-Close Open Gym	7:15-Close Open Gym				

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