



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EAST POOL SCHEDULE

FINDLAY YMCA

East Pool Schedule
Winter II 2026

Must be 18 years of age to use the Whirlpool

All children under the age of 7 must have an adult in the water with them at all times

Children ages 8-10 must have an adult in the pool area and must pass the swim test.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:30-9:00AM Open Swim	7:30-9:00AM Open Swim	7:30-9:00AM Open Swim	7:30-9:00AM Open Swim	7:30-12:30pm Open Swim		
	9-10:00AM Morning Dip (Pool Closed)	9-10:00AM Aqua Zumba	9-10:00AM Morning Dip (Pool Closed)	9-10:00AM Aqua Zumba		8:30-10:00AM Swim Lessons (Pool and Whirlpool Closed)	12:30-3:00 Open Lap Swim
	10:00-12:30PM Open Swim	10:00-12:30PM Open Swim	10:00-12:30PM Open Swim	10:00-12:30PM Open Swim	10:30-11:30 CDC Swim	10-12:00PM Open Swim	
	10:30-11:30 CDC Swim	11:00AM-12:00PM Swim Lessons	10:30-11:30 CDC Swim	10:30-11:30 CDC Swim			
		10:30-11:30 CDC Swim					
	4-6:00pm Frog Swim Team (all lanes)	4-6:00pm Frog Swim Team (all lanes)	4-6:00pm Frog Swim Team (all lanes)	4-6:00pm Frog Swim Team (all lanes)	4-6:00pm Frog Swim Team (all lanes)		
	6:00-8:30PM Open Swim	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)	5:30-7:00pm Swim Lessons (Pool and Whirlpool Closed)			
		7:00-8:30pm Open Swim	7:00-8:30pm Open Swim	7:00-8:30pm Open Swim			
				Evening Dip 7:15-8:15pm			



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WEST POOL SCHEDULE

FINDLAY YMCA

West Pool Schedule
Winter II 2026

Swimming Tips

To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.

Directions

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed

Please try to choose a lane with swimmers that most nearly match your speed.

Lane availability may change due to programs

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00-10:00 Adult Lap Swim (all lanes)	5:00-1:00PM Adult Lap Swim	5:00-10:00 Adult Lap Swim (all lanes)	5:00-1:00PM Adult Lap Swim	5:00-10:00 Adult Lap Swim (all lanes)		
	10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)		10-11:00 Water Volleyball (Pool Closed)	8:30-12:00 Open Lap Swim	12:30-3:00 Open Lap Swim
	11:00-1:00 Adult Lap Swim		11:00-1:00 Adult Lap Swim		9:00-12:00 Adult Lap Swim		
	4:00-6:00pm Frog Swim Team (all lanes)	4:00-6:00pm Frog Swim Team (all lanes)	4:00-6:00pm Frog Swim Team (all lanes)	4:00-6:00pm Frog Swim Team (all lanes)	4:00-6:00pm Frog Swim Team (all lanes)		
	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim	6:00-8:30pm Lap Swim 6-7:15pm 3 Lanes reserved for Special Olympics Swim Team	6:00-7:30 Lap Swim		